

Integrating mental health care elements into distancing/ exit facilitation interventions

The European Fair Skills approach

Distancing/ exit facilitation from milieus of group-focused enmity, hate crime and violent right-wing extremism



european
fairskills

Cultures Interactive

The European Fair Skills approach (for distancing and exit work) consists of three elements ...

... one element comes from mental health care.

European Fair Skills

„Fair Skills“

The approach combines

- Youth cultural workshops (rap, break dance, comic strips, digital music production, etc.)
- “Post-classical” civic education (anti-bias, human rights pedagogy, mediation and conflict transformation, gender awareness, communicational ‘soft skills’)
- Self-awareness group work in the We-Amongst-Ourselves-Group (“Wir unter uns Gruppe”). Group dynamic, narrative exchange on biographical and actual life-world issues (a mental health care format).



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